

Come Celebrate  
Pilger Days  
With Us!

# 2018 Pilger Days HEALTH AND EMERGENCY PREPAREDNESS FAIR

Saturday,  
July 21<sup>st</sup>

## \$40 Health Screen

Conducted by Faith Regional Health Services

7:00 a.m. to 9:30 a.m. in the Senior Center

Due to the reduced price of the blood/health tests, Medicare, Medicaid and insurance will not be accepted.

### Health Screen Includes:

**CBC**—measures level of red and white blood cells, platelets, hemoglobin and hematocrit

**CMP**—comprehensive metabolic panel which gives information about the body's fluid levels and electrolytes

**Lipid Screen**—cholesterol, HDL, LDL, triglycerides

**TSH**—measures thyroid-stimulating hormone levels

**T4, free**—measures level of thyroxine in the blood

**\$25 additional for PSA (prostate-specific antigen) test, males only**

**It is best to fast for 8 - 12 hours before these blood tests!**

### Speaker Schedule

10:30 Historical Diseases and Vaccines

11:00 Home Fire Campaign

11:30 Stop the Bleed

12:30 Living & Coping with Hearing Loss

1:00 History of Disasters

1:30 Alternatives to Vision for Independent Living

2:00 Legal Documents & Emergencies

2:30 Final Arrangements (Tentative)

For updated speaker schedule and booth/sponsor presenters, please visit

[www.facebook.com/nncoad](http://www.facebook.com/nncoad)

Stop by the Health and Emergency Preparedness Fair to take a selfie with Molly the Mosquito!



Try your hand at creating fake injuries with makeup at the Center for Preparedness booth!

Booths, speakers and sponsors include:



### Stanton County Historical Society

Serving Breakfast from 8 a.m. to 1 p.m.

### Pilger Senior Center

Serving Desserts from 1 p.m. to 3 p.m.

### Health Screens

7 a.m. to 9:30 a.m.

Held in the Senior Center

### Health and Preparedness Fair

10 a.m. to 3 p.m.

All Health and Emergency Preparedness Fair activities will be held at the Cooper Family Community Center

100 West 2nd Street, Pilger, Nebraska